WELLBEING DROP-IN SERVICES FOR 11-18 YEAR OLDS IN NORTHAMPTONSHIRE

If you find yourself needing support, we're here to listen and help in your time of need.

Book an appointment by calling the numbers provided or drop in during our opening times.

Espresso Yourself Café • Support and
Advice
• Wellbeing
Activities
• Peer Support
• Parent Support is
Available
• Also Available
Remotely

Monday's & Friday's 4pm - 8pm

the lowdown, 3 Kingswell Street, Northampton, NN1 1PP - 01604 634385

Tuesday's 4pm - 8pm

Youth Works at Corby Mind, 18 Argyll St, Corby, NN17 1RU - 01536 518339

Tuesday's 4pm - 8pm

Service Six, Raunds Methodist Church, Brook Street, Raunds NN9 6LP -01933 277520

Wednesday's 4pm - 8pm

CHAT Youth Counselling, Souster Youth Building, 30 Market Road, Thrapston, NN14 4JU - 01832 274422

Wednesday's 4pm - 8pm

Time 2 Talk; Chantry House, 88 Watling Street, Towcester, Northants, NN12 6BT 07385 295008 - 01327 706706

Thursday's 4pm - 8pm

Youth Works, 97 Rockingham Rd, Kettering, NN16 9HX - 01536 518339

Saturday's 10am - 2pm

Service Six, 15 Sassoon Mews, Wellingborough NN8 3LT - 01933 277520

Saturday's 12pm - 4pm

Time 2 Talk, The Abbey, Market Square, Daventry, NN11 4XG - 01327 706706

Counselling

Northamptonshire Healthcare
NHS Foundation Trust









